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A publication for friends of the Congregation of the Humility of Mary



Living in Harmony With Creation

by Lisa Martin CHM Communications Director

This is the second in a four-part series focusing on the priorities identified by CHM at their Fall 2021 General Assembly. This article focuses on living in harmony with creation.

ne of the most powerful arguments missing from the environmentalist's case is reverence for what simply is. Centuries before the term "carbon footprint" came into our collective consciousness, communities of women religious were caring for Earth and humankind with the attitude and respect for what "simply is" that is necessary for the sustainability that many believe to be threatened.

For over 150 years sisters have been focused on protecting the diversity

of nature—doing what was naturally the right thing to do even before the world climate crisis alarm went off.

Today, evidence of this dedication to creation can be found at Our Lady of the Prairie Retreat and at the Humility of Mary Center, where hybrid cars, recycling centers, an electric charging station, bee hives, organic gardening, composting, rainbarrels, solar panels, changes in investment choices and environmental lobbying are common place.

In 2017 CHMs formalized a Land Ethic and principles of Sustainability which can be found at chmiowa.org. The Land Ethic supports the CHM mission of "...caring for the poor, the powerless and Earth itself." It affirms, as a matter of justice, the prophetic call to ecological sustainabilty and nonviolence in relationships.

Our Lady of the Prairie Retreat has always been a focus of CHMs to protect, restore and care for the land. To that end, not long after the Land Ethic was adopted, the sisters dedicated approximately 83 acres of former prairie property as a conservation easement-an agreement between CHMs and the Iowa Natural Heritage Foundation which is recorded in the local land records and becomes a chain of title for property. CHMs rejoice that this portion of land is forever preserved in its natural, scenic, forested and open-space condition for the benefit of Earth and future generations.

The sisters are also involved in other ways such as:

•A commitment in 2014 to transition to renewable energy sources

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Photo: View of Our Lady of the Prairie Retreat

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"The Flame" is published three times a year for the Congregation of the Humility of Mary and friends.

Our Mission: We, the members of the Congregation of the Humility of Mary, call one another to live the Gospel with simplicity and joy following the example of Mary.

Like our founders, we strive to be attentive to the call of the Spirit in the signs of our times, especially the needs of the poor and the powerless.

We commit ourselves as individuals and as a congregation to work for justice within the human family and to care for Earth itself.

You are called to care for creation not only as responsible citizens, but also as followers of Christ!"

-Pope Francis

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Sr. Johanna Rickl with the new electric car charging station at Humility of Mary Center in Davenport, Iowa.

Dear Friends,

What a whirlwind we've experienced, having just completed our first inperson all-community gathering in three years! It was wonderful being together and having the bonds of a loving community strengthened by personal witness, wisdom-sharing and opportunities to delight in each other's presence. Our celebrations marked sorrows and joys and reaffirmed our abiding trust in the God who walks with us through all circumstances and persists in loving each of us unconditionally.

Our conversations about commitment to the goals in the Laudato Si` Action Platform raised up many ideas, suggestions and challenges. We CHMs think of ourselves as very committed to care of Earth and this issue of "the Flame" expresses ways that we live out that commitment.

However, I believe the urgency of our climate crisis hasn't yet settled into me at a level that is needed. I think all of us will have to ratchet up the sacrifices we are willing to make. I know I have a long way to go to come closer to the ideal presented by St. Elizabeth Seton: "Live simply so that others may simply live." We who are so privileged must reach deep to call forth the love and compassion required to respond with greater courage to the cry of a suffering Earth.

Thank you for your support as we seek to collaborate with you in saving our planet home and all its inhabitants.

Blessings,

Sister Johanna Rickl CHM President

-Creation continued from page 1

- •Focus on the goals of Pope Francis' 2015 encyclical Laudato Si'— On the Care of Our Common Home
- •Endorsement of the U.N. Earth Charter
- •Support of Living Lands and Waters river clean-up

The Congregation of the Humility of Mary is committed to these Principles of Sustainability:

- •Recognize and honor the interdependence of all life communities. Be conscious of connections.
- •Make choices that express our commitment to simple living and ecological sustainability. Be serious about simplicity and sustainability.
- •Maximize the use of natural, renewable energies and minimize waste. Follow Earth's waste-less ways.

•Promote ecojustice and ethical responsibility. Live in right relationships.

Sr. Johanna Rickl's words ring true, "Each of us is part of the web of life and not separate from it. We do not exist in isolation but are in relationship with all life on Earth. From the perspective of the Christian Gospel, all humans are children of the same Creator, brothers and sisters equal in worth and loved into existence by a God who is Love. Our stewardship of God's creation is a moral action that protects our children and grandchildren and vulnerable people everywhere. Pope Francis asks a foundational question: 'What kind of world do we want to leave to those who come after us, to children who are now growing up?"

Jubilee 2022

The Sisters of the Congregation of the Humility of Mary are motivated by compassion and justice and give themselves wholeheartedly wherever the needs are greatest. The following sisters and associates are celebrating their 2022 Jubilees. Cards may be sent in care of the sister, to Humility of Mary Center, 820 W. Central Park Ave., Davenport, IA 52804. Read more about our Jubilarians in the Sister Stories section at **www.chmiowa.org.**



Sr. Roberta Brich 70 years



Sr. Joan LeBeau 70 years



Sr. Caridad Inda 70 years



Sr. Margaretha Fitzgerald 60 years



Sr. Sue Sellers 60 years



CHM Assoc. Diana Gray 25 years



CHM Assoc. Evalee Mickey 25 years

"We are deeply grateful for sisters, associates, family and friends who have accompanied us on our journey into Jubilee. May God continue to bless all with a spirit of humility, simplicity and joy as the future unfolds before us."



Upcoming Prairie Retreats

August 3 | Mass on the Prairie

August 3 | Discovering Boundless Compassion

August 5-7 | 12 Step Centering Prayer Retreat

August 10 | Yoga

August 15 | When the Well Runs Dry

August 18 | ONLINE: "One River, Many Wells"

August 19 | Qigong for Self-Care

August 20 | Butterfly Gardening in Iowa

August 24 | The Time is Now! Writers' Workshop

August 27 | Growing YOUR Intuition

August 31 | Servant Leadership

Sept 7 | Mass on the Prairie

Sept 7 | Discovering Boundless Compassion

Sept 8 | Sourdough 101

Sept 9 | Called to be Creative

Sept 15 | ONLINE: "The Coming of the Cosmic Christ"

Sept 15 | Yoga

Sept 17 | ONLINE: "Spirituality and Justice"

Sept 22 | Forest Bathing and the Fall Equinox

Sept 22 | ONLINE: Group Spiritual Direction

Sept 24 | PrairieFest

Sept 28 | Love in Action Alongside Immigrants & Refugees

Sept 28 | The Time is Now! Beginning Writers' Workshop

Sept 30 | The Native American Journey

Oct 5 | Mass on the Prairie

Oct 5 | Discovering Boundless Compassion

Oct 6 | Where is Human Dignity in Racism?

Oct 10-12 | Unity: Assembling the Pieces of the Puzzle

Oct 13 | ONLINE: Group Spiritual Direction

Oct 13 | Yoga

Oct 14 | Imagination Unbinds Hope

Oct 15 | Photography for Beginners

Oct 17 | Words are Powerful: Be Mindful of How You Speak

Oct 20 |ONLINE: "Original Blessing"

Oct 26 | The Time is Now! Writers' Workshop

Oct 29 | Yoga - Bring Your Body and Mind Back to Balance

Mark Your Calendar!



Saturday, September 24, 2022 11:00 am - 4:00 pm Our Lady of the Prairie Retreat 2665 145th Avenue - Wheatland, Iowa

FREE ADMISSION

Join us for a day of music and family fun at PrairieFest! Pack a picnic or enjoy Smokin' Butt BBQ available for purchase. Take a stroll around the Prairie's beautiful grounds including a labyrinth, gardens, The Cosmic Walk, nature pond, prairie fields, timber, trails and retreat center.

With Live Music all Day!

Dwayne Hodges - Gospel/Spiritual Wes Wells - Americana/Folk Angela Meyer - Country Western Troy Troftgruben Band - Folk/Rock Charlotte Blu - Contemporary Pop/Soul Levi Craft - Classic/Rock Quarter Moon Tin Snips - Bluegrass





Reasons to Attend a Retreat

- Hear God's voice in your life
- Discover new ways to worship and pray
 - Find strength and inspiration
 - Take a spiritual journey
- Develop a stronger connection to you
 - Review your priorities
 - Seek guidance
 - Our retreats are affordable

(ask about our scholarship opportunities)

Honor and Remember

The Congregation of the Humility of Mary is grateful for the donations received in memory or honor of loved ones between January and May 2022. CHMs remember these individuals in our daily prayers and Masses.

In honor of:

Sr. Miriam Anstey, CHM Donor: Dr. Eleanor Anstey Sr. Rachel Beeson, CHM

Donor: Dick and Phyllis Cacciatore

All CHMs

Donors: Mary Ohm **Janet Walther**

CHMs who worked at Marycrest

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After three years, Sr. Joann Kuebrich, Associate Phyllis Ammeter, Sr. Jeanie Hagedorn and Sr. Elaine Hagedorn were happy to be together again during the CHM Annual Assembly.

CHMs who taught at Great Falls Central

Donor: Fr. William Cawley

CHMs who taught at St. Joseph's in Ottumwa Bernard Herber

Donor: Susan Bay

CHMs who taught at St. Theresa's in Des Moines James Loftus Hesse

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-in memory of continued

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Anita Sasaki Miller family

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In June, Associate Evalee Mickey (top center) hosted three Mandela Washington Fellows from Zimbabwe and South Africa for dinner at her home in North Liberty, IA. They are from a group of 700 entrepreneurs, chosen from 35,000 applicants from Africa to come to the US. Associate Mary Martin Lane (top left) and the driver are also in the picture.

Jim Pentecost

Donor: Sr. Claudellen Pentecost, CHM

Sandy Pewe

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Sr. Maria Trinitas Rand, CHM

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-Schierbrock continued

Sr. Joann Kuebrich, CHM

Evalee Mickey

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Rodger and Mary Routh

Sr. Dolores Schuh, CHM

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Donor: Ed and Cecelia Arnold

Talarico family

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Donors: Mary Elliott Julia Sullivan

Sr. Mary Suzanne Wickenkamp, CHM

Donors: Mae Marie Heinje

Nancy Jo Hillard Robert Wilkinson

Donor: Joanne Wilkinson

We regret that in the Spring donor issue of "the Flame" Kay Jinks was left off of our list of 2021 CHM donors. We apologize for the oversight.



Sisters, friends and family of Sr. Kathleen Tomlonovic gather at Our Lady of the Prairie Retreat, where Sr. Kathleen's stone was placed in the Memorial Garden.

Help us Save Trees

In accordance with CHM's priority to live in harmony with creation, we have identified reduction in use of paper as an action we can take for ecological sustainability. Many of our donors have requested that we send only year-end donation summaries rather than acknowledgment letters with each donation. If that is your preference, we are happy to oblige. We also have the option of emailing donation receipts. If you would like a year-end statement only or an emailed receipt, please indicate this when you send in your donation. Thank you for supporting CHM and our mission.

In Loving Memory



CHM Associate Cleo Studt January 22, 1924 -June 14, 2022

CHM Direction Statement 2022-2026

We CHMs, recognizing the challenges to our democratic system, will direct our lives, in collaboration with others to:

- Be peacemakers and to promote non-violent actions at all levels of society.
- Advocate for just and comprehensive immigration reform and resettlement of refugees.
- Live in harmony with creation and to reduce our carbon footprint.
- ☼ Work for greater inclusion in society, especially for racial and gender equity, with liberty and justice for all.



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CHM Annual Assembly

A weekend of meetings and special events occurred during the annual General Assembly of the Congregation of the Humility of Mary (CHM), which took place June 23-26, 2022 at Humility of Mary Center in Davenport, Iowa. More than 55 sisters and associates attended the annual meeting, with some traveling from across the United States and Mexico to be present.

The CHM General Assembly is a time for spiritual renewal, community business, sharing among members, and celebration. This year's theme was "Embracing Transformation – Growing in Solidarity."

Sisters reflected on these words from Pope John Paul II, "Solidarity is not a feeling of vague compassion or shallow distress at the misfortunes of so many people, both near and far. On the contrary, it is a firm and persevering determination to commit oneself to the common good; that is to say to the good of all and of each individual, because we are all really responsible for all. There is no true peace without truth, justice and solidarity."



Above: Sisters were honored with a visit from Cardinal Gregorio Rosa Chávez of San Salvador, who visited Humility of Mary Center prior to Assembly. Greeting him at the front door was the CHM Leadership team L-R: Sisters Johanna Rickl, Marcia Eckerman, Mary Ann Vogel, Lynn Mousel, and Mary Bea Snyder. Below: Sisters gather in the new conference center at Humility of Mary Center during their Annual Assembly.



