

# Magnificat

**My** soul sings to you in utter joy, O my God,  
and my spirit is glad in your saving might.

You have looked on me with love  
because of my simplicity and humility,  
and all women and men will say I am blessed.

**It is because of your Holy Name that I have been exalted.**

To all those who know you,  
you are gracious and full of mercy.

You show favor to the powerless and oppressed,  
And turn your face from the proud and domineering.

Those who hunger in any way you have filled  
with their heart's desires, but the self-satisfied  
remain empty of your peace.

In your mercy you remember your chosen people,  
our ancient fathers and mothers,  
and their children forever.

Adapted by Delphine Vasquez, CHM